

THIS 'DEVO' was written from his cell in FoxLake Wisconsin USA, a few days ago.

Marshall has served 22 years of a double homicide life sentence. We met by email on July 31, 2020, as I was preparing to launch the website. Marshall wrote his first Devo which I edited and posted on Facebook on Nov 1, 2020. He, along with his wife (Married Nov 1, 2022 - they met in 2019, Jessica was hired to manage programs at the New Lisbon Correctional Centre - and it was Jessica who introduced me to him). I dearly love this couple which has produced over 1,300 Devos (as Marshall and I call them.)

Learn more, including pray for his release, under the brand new Commutation Advisory Board in Wisconsin.

Links to all their activities and books:

<https://www.redthreadpoets.com/red-granite-daily-devotions/>

Tomorrow's Devo:

May 23, 2026 - Jonah 2:7, a weak soul crying out to the Lord

"When my soul fainted within me I remembered the LORD: and my prayer came in unto thee, into thine holy temple."

Jonah 2:7

Hi Everyone!

Trust me, sometimes, we are going to be so tired of the struggle that we may want to give up.

Even as believers of Jesus Christ, we are going to face circumstances, trials, and consequences of our own doing that will make us want to throw in the towel.

This doesn't mean that we are weak Christians. It just means that we had a moment that was extremely hard to handle, and giving up felt like a better option than to keep pressing forward.

What do we do in those moments where it is too much? We are supposed to give it up to God in prayer!

God knows exactly what we are going through, but He is waiting on us to entrust it to Him.

We can have the desire to continue to fight our way out of situations, and make them worse, but in order for us to overcome, we have to admit to how bad it has gotten and only God can deliver us.

God will respond!

Today, we will be looking at Jonah 2:7, a weak soul crying out to the Lord.

"When my soul fainted within me I remembered the LORD: and my prayer came in unto thee, into thine holy temple."

Jonah is in the belly of the great fish, a consequence he is suffering due to his disobedience to God. God gave him a command to preach a word to Nineveh, and Jonah went the opposite direction! So, Jonah is praying to God, asking Him to intervene.

The word "**soul**" refers to the seat of one's inner being, where the thoughts, desires, passions, and will flow from.

The word "**fainted**" means "to be overwhelmed".

The word "**remembered**" implies a recalling it to the mind.

In Psalm 27:13-14, the Bible says, ***"I had fainted, unless I had believed to see the goodness of the LORD in the land of the***

living. Wait on the LORD: be of good courage, and He shall strengthen thine heart: wait, I say, on the LORD."

Sometimes, what we are looking at, or Who we are looking at, determines how long we remain under hardship. Yes, we can prolong our own suffering if we are looking at our circumstances instead of our deliverance.

In 1 Peter 5:6-7, the Bible says, "***Humble yourselves therefore under the mighty hand of God, that He may exalt you in due time: Casting all your care upon Him; for He careth for you."***

Even when we are dead wrong, and have messed it up royally, we can humble ourselves before our Holy God and cast our cares upon Him. If our hearts are repentant before Him, He will most certainly hear it.

The word "***prayer***" means "supplication before God", a petition for God to hear and respond to.

In 2 Chronicles 7:14, the Bible says, "***If my people, which are called by my name, shall humble themselves, and pray, and seek my face, and turn from their wicked way; then I will hear from heaven, and will forgive their sin, and will heal their land."***

God knows we are messed up people, subject to fail miserably, but are we willing to humble ourselves before God in prayer, acknowledge our sin before Him, ask for His forgiveness, and allow Him to make our crooked places straight?

In Revelation 8:3-4, the Bible says, "***And another angel came and stood at the altar, having a golden censer, and there was given unto him much incense, that he should offer it with the prayers of all saints upon the golden altar which was before the throne. And the smoke of the incense, which came with the prayers of the saints, ascended up before God out of the angel's hand."***

Do we understand that our prayers before God go to Him in His Holy Temple burned with incense, a pleasant fragrance the Lord is pleased with?

So when Jonah prayed to God in the belly of the great fish, his prayers went up to God as a sweet-smelling offering of repentance and humility.

God responded!

In Psalm 34:6-7, the Bible says, ***"This poor man cried, and the LORD heard him, and saved him out of all his troubles. The angel of the LORD encampeth round about them that fear Him, and delivereth them."***

God is more than willing to hear our prayers from His Holy Temple, and deliver us!

God Bless!

Marshall & Jessica